

The Complex Integral
Complex Inversion
Winding Number
Cauchy's Theorem
Deformation Principle
Antiderivatives
Cauchy's Integral Formula
Infinite Differentiability
Taylor Series
Laurent Series
Residue Theorem
Evaluation of Definite Integrals

Complex Integration

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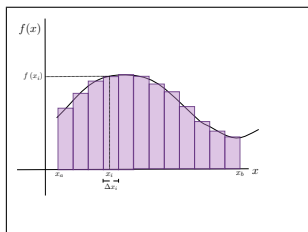
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Riemann Integral

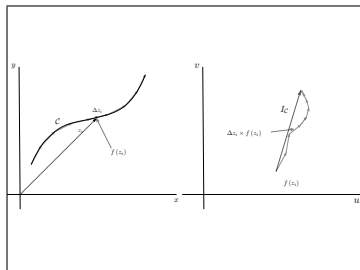
Integral of a real function $f(x)$

$$I_R = \int_{x_a}^{x_b} dx f(x) = \lim_{n \rightarrow \infty} \sum_{i=1}^n f(x_i) \Delta x_i$$



Complex Integral

$$I_C = \int_C dz f(x) = \lim_{n \rightarrow \infty} \sum_{i=1}^n f(z_i) \Delta z_i$$

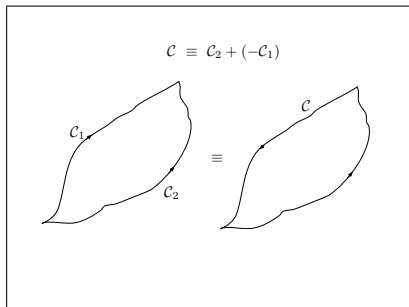


Integral Identities

Identities

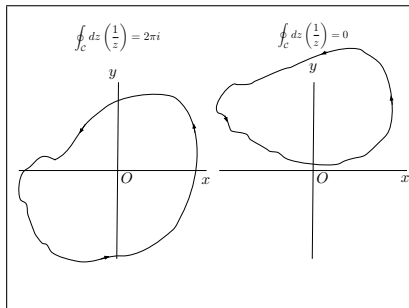
$$\left| \int_C dz f(z) \right| \leq |f(z)|_{\max} l_C$$
$$\int_C dz a f(z) = a \int_C dz f(z)$$
$$\int_C dz [f(z) + g(z)] = \int_C dz f(z) + \int_C dz g(z)$$
$$\int_{C_1+C_2} dz f(z) = \int_{C_1} dz f(z) + \int_{C_2} dz f(z)$$
$$\int_{-C} dz f(z) = - \int_C dz f(z)$$

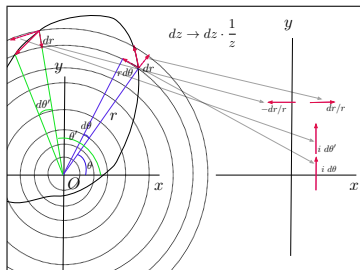
$$\int_{C_1} dz f(z) - \int_{C_2} dz f(z) = \oint_C dz f(z)$$



Complex Inversion

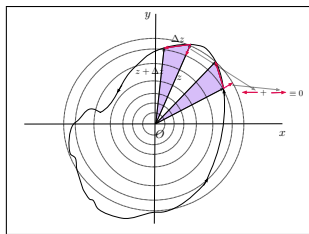
$$\oint_C dz \left(\frac{1}{z} \right)$$





$$\begin{aligned}
 \oint_C dz \left(\frac{1}{z} \right) &= i \sum d\theta \\
 &= \begin{cases} 2\pi i & \text{if } C \text{ encloses origin} \\ 0 & \text{if } C \text{ does not enclose origin} \end{cases}
 \end{aligned}$$

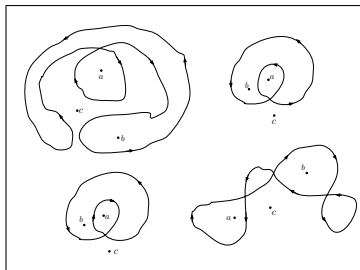
$$I_C = \oint_C dz \bar{z}$$



Area of triangle: $\frac{1}{2} \operatorname{Im} [(z + \Delta z) \bar{z}] = \frac{1}{2} \operatorname{Im} (\Delta z \bar{z})$.

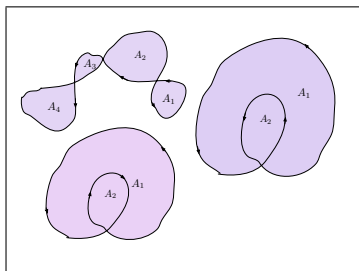
Also, $\operatorname{Re} (I_C) = 0$.

$$\Rightarrow \oint_C dz \bar{z} = 2i (\text{Area enclosed by } C)$$



$$\oint_{\mathcal{C}} dz \left(\frac{1}{z - z_0} \right) = 2\pi i \nu(z_0)$$

where $\nu(z_0)$ is the 'winding number' of loop \mathcal{C} about point z_0 .



$$\oint_C dz \bar{z} = 2i \sum_j \nu_j A_j$$

Cauchy's Theorem

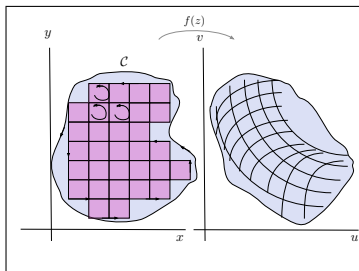
Theorem

Cauchy's Theorem

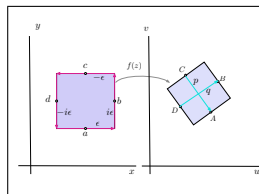
If a function $f(z)$ is analytic at all points interior to and on a simple closed contour C , then

$$\oint_C dz f(z) = 0$$

Proof



$$\oint_C dz f(z) = \sum_i \oint_{\square_i} dz f(z)$$



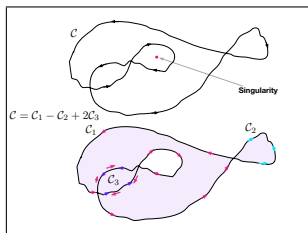
$$\begin{aligned}
 \sum_i \oint_{\square_i} dz f(z) &= A(\epsilon) + C(-\epsilon) + B(i\epsilon) + D(-i\epsilon) \\
 &= p\epsilon + iq\epsilon \\
 &= 0
 \end{aligned}$$

since $iq = -p$ (small square is mapped to a square).

Generalization of Cauchy's Theorem

Theorem

If an analytic function is such that it has no singularities inside a closed loop (the winding number around the singularity is zero) then its integral around the loop is zero.



Deformation Principle

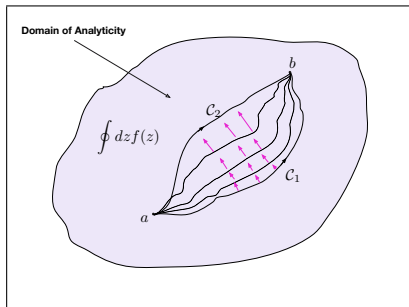
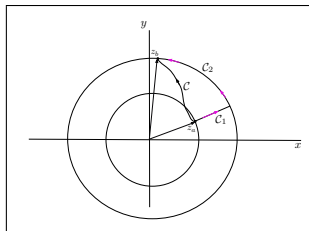


Illustration: $\int_C dz z^n$



$$\int_C dz z^n = \int_{C_1} dz z^n + \int_{C_2} dz z^n$$

Parametric Integration

To evaluate $\int_{z_a}^{z_b} dz f(z)$, choose a parameter $t \in \mathbb{R}$ along the curve such that $z = z(t)$ with $z(t_a) = z_a, z(t_b) = z_b$. Then,

$$\int_{z_a}^{z_b} dz f(z) = \int_{t_a}^{t_b} \frac{dz}{dt} f(z(t)) dt$$

Along C_1 , $z = r e^{i\theta_a}$, $r \in [r_a, r_b]$ and $dz = e^{i\theta_a} dr$. Then,

$$\begin{aligned} \int_{C_1} dz z^n &= e^{i(n+1)\theta_a} \int_{r_a}^{r_b} dr r^n \\ &= e^{i(n+1)\theta_a} \left(\frac{r_b^{n+1} - r_a^{n+1}}{n+1} \right) \end{aligned}$$

Along C_2 , $z = r_b e^{i\theta} = r_b (\cos \theta + i \sin \theta)$, $\theta \in [\theta_a, \theta_b]$ and $dz = r_b (-\sin \theta + i \cos \theta) d\theta = i r_b e^{i\theta} d\theta$. Then,

$$\begin{aligned} \int_{C_2} dz z^n &= i r_b^{n+1} \int_{\theta_a}^{\theta_b} d\theta e^{i(n+1)\theta} \\ &= i r_b^{n+1} \int_{\theta_a}^{\theta_b} d\theta (\cos(n+1)\theta + i \sin(n+1)\theta) \\ &= \frac{r_b^{n+1}}{n+1} \left(e^{(n+1)\theta_b} - e^{(n+1)\theta_a} \right) \end{aligned}$$

Finally,

$$\begin{aligned}
 \int_C dz z^n &= \int_{C_1} dz z^n + \int_{C_2} dz z^n \\
 &= \frac{r_b^{n+1} e^{i(n+1)\theta_b} - r_a^{n+1} e^{i(n+1)\theta_a}}{n+1} \\
 &= \frac{z_b^{n+1} - z_a^{n+1}}{n+1}
 \end{aligned}$$

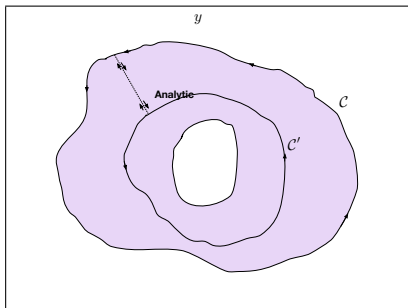
which is formally similar to the real result

$$\int_{x_a}^{x_b} dx x^n = \frac{x_b^{n+1} - x_a^{n+1}}{n+1}$$

Problem

Using a suitable contour, show that $\int_{z_a}^{z_b} dz e^z = e^{z_b} - e^{z_a}$.

More Deformation



$$\oint_C dz f(z) = \oint_{C'} dz f(z)$$

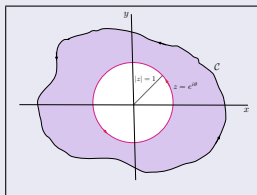
Problem

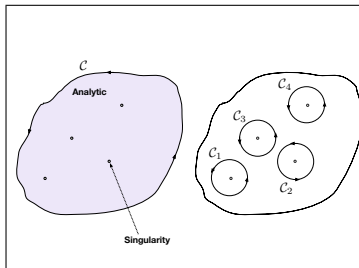
Show that

$$\oint_C dz \frac{1}{z^n} = 0; \quad n = 2, 3, 4, \dots$$

where C is a closed contour circling the origin.

Hint:

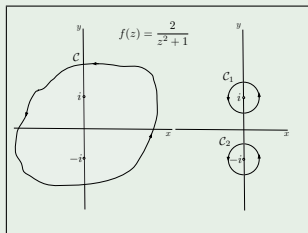




$$\oint_C dz f(z) = \sum_i \oint_{C_i} dz f(z)$$

Example

$$f(z) = 2/(z^2 + 1) = i/(z + i) - i/(z - i)$$



$$\oint_C dz f(z) = 0$$

Problem

Evaluate the integral of $f(z) = z^5/(z + 1)^2$ around a simple closed contour circling $z = -1$ by expressing $f(z)$ in terms of partial fractions.

Problem

Evaluate the integral of $f(z) = \sin z/(z + 1)^6$ around a simple closed contour circling the origin by expressing $\sin z$ in its series form and integrating term by term.

Antiderivatives

Theorem

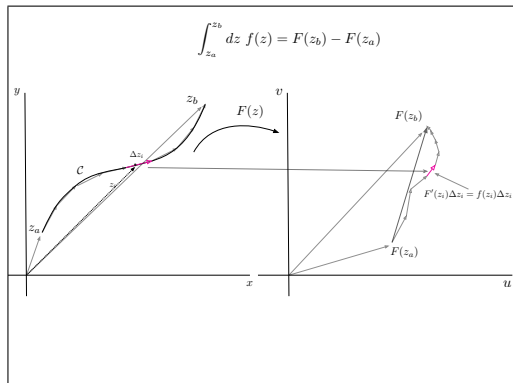
Let $f(z)$ be analytic over a domain \mathcal{D} . Then there exists an analytic function $F(z)$ such that $F'(z) = f(z)$ and

$$\int_{z_a}^{z_b} f(z) dz = F(z_b) - F(z_a)$$

$F(z)$ is called the **antiderivative** of $f(z)$.

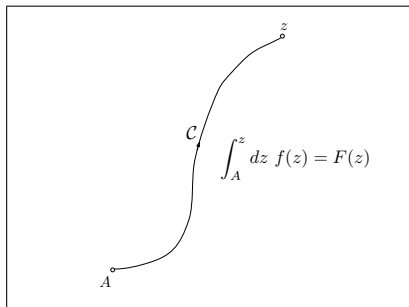
Clearly, if $F(z)$ is an antiderivative, so is $\tilde{F}(z) = F(z) + c$ where c is a complex number.

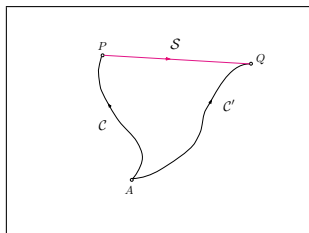
If $F(z)$ exists, it is clear that $\int_{z_a}^{z_b} dz f(z) = F(z_b) - F(z_a)$.



Existence and analyticity of $F(z)$: Path independence of integral of $f(z)$ allows us to define

$$F(z) = \int_A^z dz f(z)$$





$$F(Q) - F(P) = \int_S dz f(z)$$

Let $\Delta = P - Q$ be infinitesimal. This implies Δ is mapped by $F(z)$ to $\int_S dz f(z) \approx f(P) \times \Delta$. Therefore $F(z)$ is a map that scales and rotates by a fixed amount at any point.

$\implies F(z)$ is analytic

Cauchy's Integral Formula

Let $f(z)$ be analytic on and within a simple closed contour C enclosing point a . Then

$$\frac{1}{2\pi i} \oint_C dz \frac{f(z)}{z-a} = f(a)$$

Proof:

Deforming the contour to a circle of radius R about $z = a$ and writing $z = a + Re^{i\theta}$ (so that $dz = iRe^{i\theta} d\theta$)

$$\begin{aligned} \frac{1}{2\pi i} \oint_C dz \frac{f(z)}{z-a} &= \frac{1}{2\pi} \int_0^{2\pi} d\theta f(a + Re^{i\theta}) \\ &\rightarrow f(a) \text{ as } R \rightarrow 0 \end{aligned}$$

Infinite Differentiability

Theorem

An analytic function $f(z)$ is infinitely differentiable within the domain of analyticity \mathcal{D} and its n^{th} derivative at a point $a \in \mathcal{D}$ is given by

$$f^{(n)}(a) = \frac{n!}{2\pi i} \oint_C dz \frac{f(z)}{(z-a)^{n+1}}$$

Proof:
Define

$$F_a(z) = \frac{f(z) - f(a)}{z - a}$$

Let $z = a + \xi$ be an infinitesimal vector from point a . Then, in the limit $\xi \rightarrow 0$

$$\begin{aligned} F_a(a + \xi) &= \frac{f(a + \xi) - f(a)}{\xi} \\ &\rightarrow \frac{f'(a)\xi}{\xi} \\ &= f'(a) \end{aligned}$$

$\therefore F_a(a)$ exists and is finite. Since $F_a(z)$ is analytic everywhere else in \mathcal{D} , it is analytic everywhere in \mathcal{D} .

We can use Cauchy's Integral Formula on $F_a(z)$

$$\begin{aligned}f'(a) &= F_a(a) \\&= \frac{1}{2\pi i} \oint_C dz \frac{F_a(z)}{z-a} \\&= \frac{1}{2\pi i} \oint_C dz \frac{f(z)}{(z-a)^2} - f(a) \frac{1}{2\pi i} \oint_C dz \frac{1}{(z-a)^2} \\&= \frac{1}{2\pi i} \oint_C dz \frac{f(z)}{(z-a)^2}\end{aligned}$$

This gives an expression for $f'(a) \forall a \in \mathcal{D}$.

Analyticity of $f'(z)$:

$$f'(a + \xi) - f(a) = \left[\frac{2}{2\pi i} \oint_C dz \frac{f(z)}{(z - a - \xi)^2 (z - a)} \right] \xi$$

where terms of order ξ^2 have been dropped. In the limit ξ is infinitesimal, we can ignore ξ in the integral as well. Then

$$f'(a + \xi) - f(a) = \left[\frac{2}{2\pi i} \oint_C dz \frac{f(z)}{(z - a)^3} \right] \xi$$

Then $f'(z)$ scales and rotates ξ by a factor independent of ξ and is therefore analytic, with $f''(z)$ given by

$$f''(a) = \frac{2}{2\pi i} \oint_C dz \frac{f(z)}{(z-a)^3}$$

We use mathematical induction. The result is clearly true for $n = 1$. Let $f^n(a)$ exist, given by

$$f^{(n)}(a) = \frac{n!}{2\pi i} \oint_C dz \frac{f(z)}{(z-a)^{n+1}}$$

Then

$$\begin{aligned} f^{(n)}(a + \xi) - f^{(n)}(a) &= \frac{n!}{2\pi i} \oint_C dz f(z) \frac{[(z - a)^{n+1} - (z - a - \xi)^{n+1}]}{(z - a - \xi)^{n+1} (z - a)^{n+1}} \\ &\approx \frac{n!}{2\pi i} \oint_C dz f(z) \left[\frac{(n+1)\xi}{(z - a - \xi)^{n+1} (z - a)} \right] \end{aligned}$$

where binomial theorem has been used and terms of order ξ^2 and higher dropped. Dropping ξ in the denominator gives

$$f^{(n)}(a + \xi) - f^{(n)}(a) = \frac{(n+1)!}{2\pi i} \oint_C dz \left[\frac{f(z)}{(z - a)^{n+2}} \right] \xi$$

which shows that $f^{(n)}(z)$ is analytic with derivative given by the integral formula.

Taylor Series

Theorem

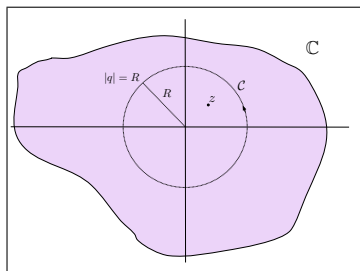
If a function $f(z)$ is analytic within an origin centered disc of radius R then at any point z within the disc it can be expressed as a series

$$f(z) = c_0 + c_1z + c_2z^2 + \dots + c_nz^n + \dots$$

where

$$c_n = \frac{f^{(n)}(0)}{n!}$$

Proof



$$f(z) = \frac{1}{2\pi i} \oint_C dq \frac{f(q)}{q-z}$$

$$\begin{aligned} f(z) &= \frac{1}{2\pi i} \oint_C dq \frac{f(q)}{q-z} \\ &= \frac{1}{2\pi i} \oint_C dq \frac{f(q)}{q} \left[\frac{1}{1-(z/q)} \right] \\ &= \frac{1}{2\pi i} \oint_C dq \frac{f(q)}{q} \left[1 + (z/q) + (z/q)^2 + \dots \right] \\ &= \sum_{n=0}^{\infty} \frac{f^{(n)}(0)}{n!} z^n \end{aligned}$$

where the integral formula for $f^{(n)}(0)$ has been used.

Generalization:

Theorem

If a function $f(z)$ is analytic within a disc of radius R centered around a point z_0 then at any point z within the disc it can be expressed as a series

$$f(z) = c_0 + c_1 (z - z_0) + c_2 (z - z_0)^2 + \dots + c_n (z - z_0)^n + \dots$$

where

$$c_n = \frac{f^{(n)}(z_0)}{n!}$$

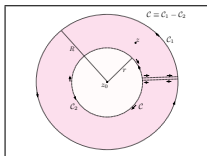
Laurent Series

Theorem

A function $f(z)$ which is analytic in an annular region $r < |z - z_0| < R$ centered about a point z_0 can always be expanded in a series ($\forall z$ in the annular region) as

$$f(z) = \sum_{n=-\infty}^{\infty} a_n (z - z_0)^n$$

Proof



$$\begin{aligned}
 f(z) &= \frac{1}{2\pi i} \oint_C dz' \frac{f(z')}{z' - z} \\
 &= \frac{1}{2\pi i} \oint_{C_1} dz' \frac{f(z')}{z' - z} - \frac{1}{2\pi i} \oint_{C_2} dz' \frac{f(z')}{z' - z} \\
 &= S_1 + S_2
 \end{aligned}$$

$$\begin{aligned}
 S_1 &= \frac{1}{2\pi i} \oint_{C_1} dz' \frac{f(z')}{z' - z} \\
 &= \frac{1}{2\pi i} \oint_{C_1} dz' \frac{f(z')}{(z' - z_0) - (z - z_0)} \\
 &= \frac{1}{2\pi i} \oint_{C_1} dz' \frac{f(z')}{(z' - z_0) [1 - (z - z_0) / (z' - z_0)]} \\
 &= \frac{1}{2\pi i} \oint_{C_1} dz' \frac{f(z')}{(z' - z_0)} \sum_{n=0}^{\infty} \frac{(z - z_0)^n}{(z' - z_0)^n}
 \end{aligned}$$

since $|z - z_0| < |z' - z_0|$ on C_1

Therefore

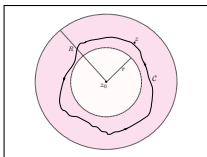
$$S_1 = \sum_{n=0}^{\infty} a_n (z - z_0)^n; \quad a_n = \frac{1}{2\pi i} \oint_{C_1} dz' \frac{f(z')}{(z' - z_0)^{n+1}}$$

Similarly, on C_2 , $|z' - z_0| < |z - z_0|$. Therefore

$$\begin{aligned} S_2 &= \frac{1}{2\pi i} \oint_{C_2} dz' \frac{f(z')}{(z - z_0)} \sum_{n=0}^{\infty} \frac{(z' - z_0)^n}{(z - z_0)^n} \\ &= \sum_{n=-1}^{-\infty} a_n (z - z_0)^n \end{aligned}$$

where again $a_n = \frac{1}{2\pi i} \oint_{C_1} dz' f(z') / (z' - z_0)^{n+1}$.

Finally



$$f(z) = \sum_{n=-\infty}^{\infty} a_n (z - z_0)^n$$

where

$$a_n = \frac{1}{2\pi i} \oint_C dz' \frac{f(z')}{(z' - z_0)^{n+1}}$$

Example

$f(z) = 1/[z(z-1)]$ is analytic in the region $0 < |z| < 1$. It can therefore be expanded in a Laurent Series.

$$\begin{aligned} f(z) &= \frac{1}{z(z-1)} \\ &= -\frac{1}{1-z} - \frac{1}{z} \\ &= -\frac{1}{z} - (1 + z + z^2 + z^3 + \dots) \\ &= -\frac{1}{z} - 1 - z - z^2 - z^3 - \dots \end{aligned}$$

Example

From the general expression

$$\begin{aligned} a_n &= \frac{1}{2\pi i} \oint_C dz' \frac{f(z')}{(z' - z_0)^{n+1}}; \quad z_0 = 0 \\ &= \frac{1}{2\pi i} \oint_C dz' \frac{[1/(z' - 1)]}{(z')^{n+2}} \\ &= \begin{cases} -1, & n \geq -1 \\ 0, & n < -1 \end{cases} \end{aligned}$$

Problem

Expand $f(z) = 1/[z(z-1)]$ in a Laurent Series about $z = 1$.

Singularities

Definition

A function $f(z)$ is said to have an isolated singularity at $z = z_0$ if it is not analytic at z_0 but is analytic at all neighboring points.

A function can always be expanded in a Laurent Series about an isolated singular point.

Definition

If there exists a term $1/(z - z_0)^m$ in the Laurent expansion of $f(z)$ with most negative power of $z - z_0$ then $f(z)$ is said to have a 'pole of order m ' at $z = z_0$. Else, it is said to have an 'Essential Singularity' at $z = z_0$.

Definition

The 'residue' of $f(z)$ at an isolated singular point z_0 is defined to be the coefficient of $1/(z - z_0)$ in the Laurent expansion of $f(z)$ about $z = z_0$.

Residue Theorem

Theorem

Let $f(z)$ be analytic on and within a closed contour C except at isolated singular points z_1, z_2, \dots, z_k . Then

$$\oint_C dz f(z) = 2\pi i \sum_{i=1}^k \nu(z_i) \operatorname{Res}[z_i]$$

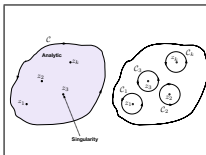
where $\nu(z_i)$ is the winding number of the contour for point z_i and $\operatorname{Res}[z_i]$ is the residue of $f(z)$ at $z = z_i$.

Proof for a single singular point and a simple contour: $f(z)$ can be expanded in a Laurent Series about the pole z_j . Then,

$$\begin{aligned}\oint_C dz f(z) &= \sum_{n=-\infty}^{\infty} a_n \oint_C dz (z - z_0)^n \\ &= a_{-1} \oint_C dz (z - z_0)^{-1} \\ &= 2\pi i \times a_{-1} \\ &= 2\pi i \operatorname{Res}[z_j]\end{aligned}$$

where a_{-1} is the expansion coefficient for the term $1/(z - z_j)$ in the Laurent series for $f(z)$.

Proof for simple closed contour but multiple poles:



$$\begin{aligned}
 \oint_C dz f(z) &= \sum_{i=1}^k \oint_{C_i} dz f(z) \\
 &= 2\pi i \sum_{i=1}^k \text{Res}[z_i]
 \end{aligned}$$

Calculation of Residue

Pole of order m :

$$f(z) = \frac{a_{-m}}{(z - z_0)^m} + \frac{a_{-m+1}}{(z - z_0)^{m-1}} + \dots + a_0 + a_1(z - z_0) + \dots$$

$$\therefore (z - z_0)^m f(z) = a_{-m} + a_{-m+1}(z - z_0) + \dots + a_{-1}(z - z_0)^{m-1} + \dots$$

This gives

$$a_{-1} = \frac{1}{(m-1)!} \lim_{z \rightarrow z_0} \frac{d^{m-1}}{dz^{m-1}} [(z - z_0)^m f(z)]$$

Example

Residue of $f(z) = 1/\sin z$ at $z = 0$:

$$\frac{1}{\sin z} = \frac{1}{z - z^3/3! + z^5/5! + \dots}$$

$f(z)$ has a pole of order 1 at $z = 0$. Then

$$\begin{aligned} a_{-1} &= \lim_{z \rightarrow 0} \frac{z}{\sin z} \\ &= 1 \end{aligned}$$

Example

$f(z) = e^{-1/z}$. This has an essential singularity at $z = 0$. However, in terms of $w = 1/z$, it is analytic at $w = 0$ and so has the Taylor expansion

$$\begin{aligned}e^{-w} &= 1 - w + w^2/2! - w^3/3! + \dots \\ &= 1 - 1/z + 1/(2! z^2) + \dots\end{aligned}$$

Then, $a_{-1} = -1$.

Trigonometric Integrals

Integrals of the form

$$I = \int_0^{2\pi} d\theta f(\sin \theta, \cos \theta)$$

where f is finite $\forall \theta$ and is a rational function of $\sin \theta$ and $\cos \theta$. Using $z = e^{i\theta}$,

$$I = -i \oint_C \frac{dz}{z} \left(\frac{z - z^{-1}}{2i}, \frac{z + z^{-1}}{2} \right)$$

where C is the unit circle. $I = (-i)2\pi i \sum$ residues of f within C .

Example

$$\begin{aligned} I &= \int_0^{2\pi} \frac{d\theta}{1 + a \cos \theta}, \quad |a| < 1 \\ &= -i \frac{2}{a} \oint_C \frac{dz}{z^2 + (2/a)z + 1} \end{aligned}$$

The integrand has poles at $z_1 = -\left(1 + \sqrt{1 - a^2}\right)/a$ and $z_2 = -\left(1 - \sqrt{1 - a^2}\right)/a$ of which z_2 is within C . This gives $I = (-2i/a) 2\pi i [1/(z_2 - z_1)] = 2\pi/\sqrt{1 - a^2}$.

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Residue Theorem
Evaluation of Definite Integrals

Problem

Evaluate

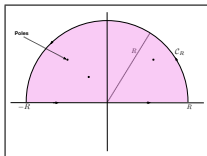
$$I = \int_0^{2\pi} \frac{d\theta \cos 2\theta}{5 - 4 \cos \theta}$$

Integrals With Range $-\infty$ to ∞

$$I = \int_{-\infty}^{\infty} dx f(x)$$

Assumptions:

- $f(z)$ is analytic in upper/lower half of complex plane, including the real axis, except for a finite number of poles.
- As $|z| \rightarrow \infty$, $f(z) \rightarrow 0$ faster than $1/z$.



$$\oint_C dz f(z) = \int_{-R}^R dx f(x) + \int_{C_R} dz f(z)$$

$$\lim_{R \rightarrow \infty} \int_{C_R} dz f(z) = 0$$

Then

$$\int_{-\infty}^{\infty} dx f(x) = \lim_{R \rightarrow \infty} \oint_C dz f(z)$$

$$= 2\pi i \sum \text{Res } f(z)$$

Example

$$\begin{aligned} I &= \int_0^{\infty} \frac{dx}{1+x^2} \\ &= \frac{1}{2} \int_{-\infty}^{\infty} \frac{dx}{1+x^2} \end{aligned}$$

$f(z) = 1/(1+z^2) = 1/[(z+i)(z-i)]$. Then $\text{Res}_{z=i} f(z) = 1/(2i)$. Therefore

$$\begin{aligned} I &= 2\pi i \times \frac{1}{2i} \\ &= \frac{\pi}{2} \end{aligned}$$

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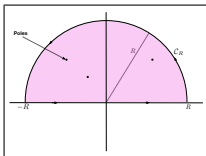
$$I = \int_0^{\infty} \frac{dx}{1+x^4}$$

Complex Exponentials

$$I = \int_{-\infty}^{\infty} dx e^{iax} f(x); \quad a > 0$$

Assumptions:

- $f(z)$ is analytic in upper half of complex plane, including the real axis, except for a finite number of poles.
- As $|z| \rightarrow \infty$, $f(z) \rightarrow 0$ in upper half plane.



$$\oint_C dz f(z) e^{iaz} = \int_{-R}^R dx f(x) e^{iax} + \int_{C_R} dz f(z) e^{iaz}$$

$$\lim_{R \rightarrow \infty} \int_{C_R} dz f(z) e^{iaz} = 0 \quad (\text{Jordan's Lemma})$$

Then

$$\begin{aligned}
 \int_{-\infty}^{\infty} dx f(x) e^{iax} &= \lim_{R \rightarrow \infty} \oint_C dz f(z) e^{iaz} \\
 &= 2\pi i \sum \text{Res } f(z) e^{iaz}
 \end{aligned}$$

Jordan's Lemma

$$I_R = \int_{C_R} dz f(z) e^{iaz} = iR \int_0^\pi d\theta e^{i\theta} f(Re^{i\theta}) e^{iaR \cos \theta - aR \sin \theta}$$

Then

$$\begin{aligned} |I_R| &\leq R |f|_{\max} \int_0^\pi d\theta e^{-aR \sin \theta} \\ &= 2R |f|_{\max} \int_0^{\pi/2} d\theta e^{-aR \sin \theta} \end{aligned}$$

For $\theta \in [0, \pi/2]$, $2\theta/\pi \leq \sin \theta$. Then

$$\begin{aligned} |I_R| &\leq 2R |f|_{\max} \int_0^{\pi/2} d\theta e^{-2aR\theta/\pi} \\ &= 2R |f|_{\max} \frac{1 - e^{-aR}}{2aR/\pi} < \frac{\pi}{a} |f|_{\max} \rightarrow 0 \text{ as } R \rightarrow \infty \end{aligned}$$

Example

$$I = \int_0^{\infty} \frac{dx \cos x}{1+x^2}$$

Using $\cos x = (e^{ix} + e^{-ix})/2$, we get

$$I = \frac{1}{2} \int_{-\infty}^{\infty} \frac{dx e^{ix}}{1+x^2}$$

Then, $f(z) = 1/2(z^2 + 1)$ with pole at $z = i$ in upper half plane. Simple calculation gives $I = \pi/2e$.